### ANNUAL STATISTICAL REPORT FISCAL YEAR 2000-2001 NORTH CAROLINA PSYCHIATRIC HOSPITALS

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### ANNUAL STATISTICAL REPORT FISCAL YEAR 2000-2001 NORTH CAROLINA PSYCHIATRIC HOSPITALS

### **INTRODUCTION**

This FY1999-00 annual report on the four Psychiatric Hospitals is based on data extracted from the hospital's data system (HEARTS). The data extract is stored in the Division of Mental Health, Developmental Disabilities and Substance Abuse Service's Client Data Warehouse (CDW). Data on hospital resident population, admissions, discharges and persons served are presented. Incorporated in the report are ten tables and one graph. Discharges are shown including mean and median length of stay. The number of persons served and the rate of persons served per 100,000 population is shown for each county in the state.

#### MAJOR SERVICE INDICATORS

Major service indicators for FY1999-00 reported by the four hospitals show a mixed trend in most indicators. The resident population has shown a continuing decline since fiscal 1991; however, it did increase slightly in FY00 from FY99. The total number of admissions has increased by over (4,066) clients when comparing the ten-year period fiscal years 1991 to fiscal year 2000.

Butner Alcohol and Drug Treatment Center (BADTC) is excluded from John Umstead and will be shown in the ADATC annual report.

#### PERSONS SERVED

The number of persons served is the sum of the resident population and on leaves at the beginning of the fiscal year plus the number of admissions during the fiscal year. Table 2 shows the number of persons served by the four hospitals from each county in the state. Also shown for each county is the rate of persons served per 100,000 county population. Table 2-A shows the number of persons served by the four hospitals selected indicators.

### TOTAL ADMISSIONS

There were 14,712 admissions to the State Psychiatric Hospitals during fiscal year 2000.

The largest group of referrals 83 percent (12,184) were made by area programs, three percent (355) were self referred or referred by relatives; family or friends, while private physicians referred 1 percent (60). Involuntary admissions accounted for over 74 percent (10,927) of the total admissions of FY00.

Males constituted 63 percent (9,234) of the admissions. Of the total admissions 37 percent (5,485) were non-white. These percentages can be compared to the state population percentages from the 1990 census already mentioned of 48 percent male and 24 percent non-white. Twenty-nine percent (4,319) of the year's admissions had completed a high school education. Almost 7 percent (946) had completed less than eight years of schooling while only 4 percent (570) had completed four years of college or more

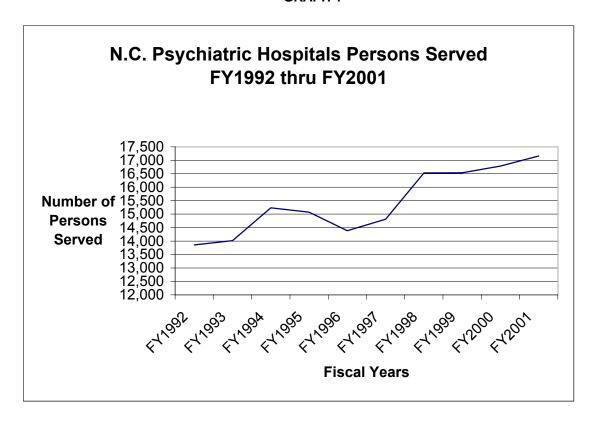
# TRENDS OF MAJOR SERVICE INDICATORS NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS TABLE 1

| SERVICE INDICATOR                                  | FY1992                | FY1993 | FY1994 | FY1995 | FY1996 | FY1997 | FY1998 | FY1999 | FY2000 |        |       | CHANGE<br>FY01 vs.<br>FY00 |
|--|-----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|----------------------------|
| RESIDENT POPULATION AND ON LEAVES (JULY 1)*        | 2,573                 | 2,469  | 2,338  | 2,236  | 2,062  | 2,033  | 2,066  | 2,074  | 2,077  | 1,904  | 0.1%  | -8.3%                      |
| TOTAL ADMISSIONS                                   | 11,285                | 11,548 | 12,899 | 12,836 | 12,321 | 12,781 | 14,464 | 14,461 | 14,712 | 15,256 | 1.7%  | 3.7%                       |
| PERSONS SERVED                                     | 13,858                | 14,017 | 15,237 | 15,072 | 14,383 | 14,814 | 16,530 | 16,535 | 16,789 | 17,160 | 1.5%  | 2.2%                       |
| TOTAL DD, IND, DEATHS                              | 11,395                | 11,679 | 12,997 | 13,012 | 12,340 | 12,750 | 14,411 | 14,475 | 14,713 | 15,450 | 1.6%  | 5.0%                       |
| Direct Discharges<br>Indirect Discharges<br>Deaths | 8,180<br>3,111<br>104 |        | 3,741  | 3,963  | 3,876  |        | 3,705  | 4,046  | 4,223  | 3,160  | 4.4%  | -25.2%                     |
| AVERAGE DAILY POPULATION                           | 2,348                 | 2,214  | 2,123  | 1,935  | 1,859  | 1,865  | 1,842  | 1,855  | 1,861  | 1,706  | 0.3%  | -8.3%                      |
| RESIDENT POPULATION AND ON LEAVES (JUNE 30)        | 2,463                 | 2,338  | 2,240  | 2,060  | 2,043  | 2,064  | 2,119  | 2,060  | 2,076  | 1,710  | 0.8%  | -17.6%                     |
| PERSONS SERVED<br>RATE PER /100,000                | 204                   | 200    | 217    | 210    | 196    | 199    | 219    | 216    | 214    | 209    | -0.9% | -2.3%                      |
| ADMISSIONS<br>RATE PER/100,000                     | 167                   | 164    | 184    | 179    | 168    | 172    | 192    | 189    | 190    | 186    | 0.5%  | -2.1%                      |

NOTE: Excludes outpatients and visiting patients, includes transfers-in.

<sup>\*</sup>Due to changes in the data base at the end of the fiscal year, the RESIDENT POPULATION AND ON LEAVES as of June 30 may differ from the RESIDENT POPULATION AND ON LEAVES as of July 1.

#### **GRAPH 1**



The data presented in the graph above represents the total number of persons served at the four Psychiatric Hospitals for fiscal years 1992 to 2001. From 1992 to 1997 persons served at the four psychiatric hospitals had remained fairly constant. However, in 1998 persons served began a slight trend of increase with FY2001 reaching 17,160 persons served. There has been a gradual increase of persons served at the four Psychiatric Hospitals in the last four fiscal years.

NOTE: Excludes outpatients and visiting patients.

**TABLE 2. Western Region** 

| STATE<br>AND<br>COUNTIES<br>NORTH CAROLINA | RES. POP.<br>AND ON<br>LEAVES<br>7/1/00<br>/1 | ADMIS-<br>SIONS | PERSONS<br>SERVED | RATE** PERSONS SERVED PER 100,000 POP. | STATE<br>AND<br>COUNTIES<br>NORTH CAROLINA | RES. POP.<br>AND ON<br>LEAVES<br>7/1/00<br>/1 | ADMIS-<br>SIONS | PERSONS<br>SERVED | RATE** PERSONS SERVED PER 100,000 POP. |
|--|---|-----------------|-------------------|--|--|---|-----------------|-------------------|--|
| STATE TOTAL/1                              | 1,904   | 15,256          | 17,160            | 205                                    | FOOTHILLS                                  | 83  | 555             | 638               | 259                                    |
| WESTERN                                    | 469   | 3,521           | 3,990             | 149                                    | ALEXANDER                                  | 10  | 60              | 70                | 204                                    |
|  |   |                 |                   |  | BURKE                                      | 38  | 245             |                   | 310                                    |
| SMOKY MOUNTAIN                             | 30  |                 | 382               | 220                                    | CALDWELL                                   | 24  | 143             | 167               | 214                                    |
| CHEROKEE                                   | 3   |                 | 60                | 242                                    |  | 11  | 107             | 118               | 275                                    |
| CLAY                                       | 1   | 11              | 12                | 134                                    |  |   |                 |                   |  |
| GRAHAM                                     | 1   | 16              | 17                | 210                                    |  | 27  | 160             |                   | 227                                    |
| HAYWOOD                                    | 10  |                 | 132               | 241                                    | POLK                                       | 5   |                 |                   | 128                                    |
| JACKSON                                    | 8   |                 | 69                | 204                                    | RUTHERFORD                                 | 22  | 141             | 163               | 257                                    |
| MACON                                      | 7   | 47              | 54                | 177                                    |  |   |                 |                   |  |
| SWAIN                                      | 0   | 38              | 38                | 290                                    | PATHWAYS                                   | 57  | 573             |                   | 177                                    |
|  |   |                 |                   |  | GASTON                                     | 27  | 257             | 284               | 148                                    |
| BLUE RIDGE                                 | 70  |                 | 787               | 324                                    |  | 8   |                 | 90                | 138                                    |
| BUNCOMBE                                   | 59  |                 | 674               | 321                                    | CLEVELAND                                  | 22  | 234             | 256               | 262                                    |
| MADISON                                    | 1   | 49              | 50                | 251                                    |  |   |                 |                   |  |
| MITCHELL<br>YANCEY                         | 6   | 16<br>37        | 22<br>41          | 577                                    | CATAWBA                                    | 21  | 70              | 91                | 63                                     |
| YANCEY                                     | 4   | 37              | 41                | 228                                    | CATAWBA                                    | 21  | 70              | 91                | 63                                     |
| NEW RIVER                                  | 38  |                 | 329               | 203                                    |  | 72  | 223             | 295               | 41                                     |
| ALLEGHANY                                  | 4   | 19              | 23                | 213                                    |  |   |                 |                   |  |
| ASHE                                       | 6   |                 | 52                | 211                                    | PIEDMONT                                   | 44  | 404             |                   | 98                                     |
| AVERY                                      | 4   | 31<br>79        | 35                | 202                                    |  | 15  |                 |                   | 144                                    |
| WATAUGA                                    | 8   |                 | 87                | 201                                    | UNION                                      | 3   |                 |                   | 6                                      |
| WILKES                                     | 16  | 116             | 132               | 199                                    | STANLY<br>ROWAN                            | 7<br>19                                       | 65<br>155       |                   | 122<br>131                             |
| TREND                                      | 27  | 176             | 203               | 168                                    |  | 19  | 155             | 174               | 131                                    |
| HENDERSON                                  | 27<br>18                                      |                 | 151               | 165                                    |  |   |                 |                   |  |
| TRANSYLVANIA                               | 9   |                 | 52                | 175                                    |  |   |                 |                   |  |
| ITANOTEVANIA                               | 9   | 43              | 52                | 173                                    |  |   |                 |                   |  |
|  |   |                 |                   |  |  |   |                 |                   |  |

\*EXCLUDES VISITING PATIENTS AND OUTPATIENTS INCLUDES TRANSFERS-IN
\*\*PERSONS SERVED RATE PER 100,000 NC POPULATION
((2001 POPULATION PROJECTIONS)
/1 INCLUDES 23 OUT OF STATE RESIDENTS
/2 INCLUDES 319 OUT OF STATE RESIDENTS
/3 INCLUDES 342 OUT OF STATE RESIDENTS
NOTE: CLEVELAND AREA PROGRAM INCLUDED UNDER GASTON
SR UNIT AT JOHN UNSTEAD HOSPITAL EXCLUDED

**Table 2. North Central Region** 

| STATE<br>AND<br>COUNTIES<br>NORTH CAROLINA  | RES. POP.<br>AND ON<br>LEAVES<br>7/1/00  | ADMIS-<br>SIONS  | PERSONS<br>SERVED  | RATE** PERSONS SERVED PER 100,000 POP  | STATE<br>AND<br>COUNTIES<br>NORTH CAROLINA          | RES. POP.<br>AND ON<br>LEAVES<br>7/1/00<br>/1 | ADMIS-<br>SIONS                | PERSONS<br>SERVED              | RATE** PERSONS SERVED PER 100,000 POP. |
|---|--|--|--|--|---|---|--------------------------------|--------------------------------|--|
| STATE TOTAL/1 NORTH CENTRAL  CROSSROADS SURRY YADKIN IREDELL  CENTERPOINT FORSYTH STOKES DAVIE  ROCKINGHAM GUILFORD  ALAMANCE-CASWELL ALAMANCE CASWELL  O-P-C CHATHAM ORANGE PERSON  DURHAM | 1,904<br>524<br>37<br>14<br>4<br>19<br>81<br>69<br>5<br>7<br>41<br>118<br>63<br>57<br>6<br>55<br>9<br>28<br>18 | 15,256<br>4,267<br>358<br>140<br>52<br>166<br>600<br>522<br>49<br>29<br>345<br>965<br>440<br>381<br>59<br>397<br>71<br>204<br>122<br>735 | 17,160<br>4,791<br>395<br>154<br>56<br>185<br>681<br>591<br>54<br>36<br>386<br>1,083<br>503<br>438<br>65<br>452<br>80<br>232<br>140<br>820 | 205<br>251<br>168<br>213<br>151<br>147<br>174<br>190<br>118<br>101<br>417<br>252<br>319<br>328<br>269<br>217<br>158<br>191<br>387<br>359 | V-G-F-W<br>FRANKLIN<br>GRANVILLE<br>VANCE<br>WARREN | 44<br>9<br>17<br>11<br>7                      | 427<br>127<br>141<br>128<br>31 | 471<br>136<br>158<br>139<br>38 | 291<br>280<br>319<br>320<br>188        |

<sup>\*</sup>EXCLUDES VISITING PATIENTS AND OUTPATIENTS, INCLUDES TRANSFERS-IN

<sup>\*\*</sup>PERSONS SERVED RATE PER 100,000 NC POPULATION

<sup>(2001</sup> POPULATION PROJECTIONS)

/1 INCLUDES 23 OUT OF STATE RESIDENTS
/2 INCLUDES 319 A139OUT OF STATE RESIDENTS
/3 INCLUDES 342 OUT OF STATE RESIDENTS

Table 2. South Central Region

| STATE<br>AND<br>COUNTIES<br>NORTH CAROLINA                    | RES. POP.<br>AND ON<br>LEAVES<br>7/1/00 | ADMIS-<br>SIONS                    | PERSONS<br>SERVED                   | RATE** PERSONS SERVED PER 100,000 POP. | STATE<br>AND<br>COUNTIES<br>NORTH CAROLINA | RES. POP.<br>AND ON<br>LEAVES<br>7/1/00<br>/1 | ADMIS-<br>SIONS | PERSONS<br>SERVED | RATE** PERSONS SERVED PER 100,000 POP. |
|---|---|------------------------------------|-------------------------------------|--|--|---|-----------------|-------------------|--|
| STATE TOTAL/1<br>SOUTH CENTRAL                                | 1,904<br>427                            | 15,256<br>3,709                    | 17,160<br>4,136                     | 205<br>206                             |  |   |                 |                   |  |
| DAVIDSON  | 22                                      | 253                                | 275                                 | 184                                    |  |   |                 |                   |  |
| SANDHILLS<br>ANSON<br>HOKE<br>MONTGOMERY<br>MOORE<br>RICHMOND | 39<br>11<br>5<br>2<br>9                 | 336<br>34<br>35<br>61<br>112<br>94 | 375<br>45<br>40<br>63<br>121<br>106 | 149<br>177<br>114<br>7<br>158<br>227   |  |   |                 |                   |  |
| SOUTHEASTERN BLADEN COLUMBUS ROBESON SCOTLAND                 | 40<br>6<br>10<br>18<br>6                | 252<br>40<br>56<br>121<br>35       | 292<br>46<br>66<br>139<br>41        | 117<br>141<br>119<br>111<br>113        |  |   |                 |                   |  |
| CUMBERLAND  | 44                                      | 359                                | 403                                 | 131                                    |  |   |                 |                   |  |
| LEE-HARNETT<br>HARNETT<br>LEE                                 | 36<br>24<br>12                          | 215<br>145<br>70                   | 251<br>169<br>82                    | 175<br>180<br>164                      |  |   |                 |                   |  |
| JOHNSTON  | 29                                      | 220                                | 249                                 | 196                                    |  |   |                 |                   |  |
| WAKE  | 197                                     | 1,790                              | 1,987                               | 304                                    |  |   |                 |                   |  |
| RANDOLPH  | 20                                      | 284                                | 304                                 | 227                                    |  |   |                 |                   |  |

<sup>\*</sup>EXCLUDES VISITING PATIENTS AND OUTPATIENTS, INCLUDES TRANSFERS-IN
\*\*PERSONS SERVED RATE PER 100,000 NC POPULATION
((2001 POPULATION PROJECTIONS)
/1 INCLUDES 23 OUT OF STATE RESIDENTS
/2 INCLUDES 319 OUT OF STATE RESIDENTS
/3 INCLUDES 342 OUT OF STATE RESIDENTS

Table 2. Eastern Region

| STATE<br>AND<br>COUNTIES<br>NORTH CAROLINA | RES. POP.<br>AND ON<br>LEAVES<br>7/1/00<br>/1 | ADMIS-<br>SIONS | PERSONS<br>SERVED | RATE** PERSONS SERVED PER 100,000 POP. | STATE<br>AND<br>COUNTIES<br>NORTH CAROLINA | RES. POP.<br>AND ON<br>LEAVES<br>7/1/00<br>/1 | ADMIS-<br>SIONS | PERSONS<br>SERVED | RATE** PERSONS SERVED PER 100,000 POP. |
|--|---|-----------------|-------------------|--|--|---|-----------------|-------------------|--|
| STATE TOTAL/1                              | 1,904   | 15,256          | 17,160            | 205                                    | PITT                                       | 39  | 235             | 274               | 200                                    |
| EASTERN                                    | 461   | 3,440           | 3,901             | 241                                    |  |   |                 |                   |  |
|  |   |                 |                   |  | ROANOKE-CHOWAN                             | 23  | 105             | 128               | 170                                    |
| SOUTHEASTERN                               | 61  | 463             | 524               | 185                                    | BERTIE                                     | 4   | 34              | 38                | 193                                    |
| BRUNSWICK                                  | 17  | 109             | 126               | 167                                    | GATES                                      | 1   | 5               | 6                 | 56                                     |
| NEW HANOVER                                | 33  | 296             | 329               | 200                                    | HERTFORD                                   | 10  | 37              | 47                | 208                                    |
| PENDER                                     | 11  | 58              | 69                | 162                                    | NORTHAMPTON                                | 8   | 29              | 37                | 167                                    |
| ONSLOW                                     | 16  | 234             | 250               | 164                                    | TIDELAND<br>BEAUFORT                       | 31<br>14                                      | 228<br>119      | 259<br>133        | 274<br>294                             |
| WAYNE                                      | 52  | 289             | 341               | 298                                    | HYDE<br>MARTIN                             | 1<br>13                                       | 5<br>67         | 6<br>80           | 102<br>312                             |
| WILSON-GREENE                              | 35  | 232             | 267               | 204                                    | TYRRELL                                    | 0   | 6               | 80<br>6           | 312<br>144                             |
| GREENE                                     | 35  | 232<br>25       | 267               | 284<br>144                             | WASHINGTON                                 | 3   | 31              | 34                | 249                                    |
| WILSON                                     | 32  | 207             | 239               | 320                                    | WASHINGTON                                 | 3   | 31              | 34                | 249                                    |
| WILSON                                     | 32  | 207             | 239               | 320                                    | ALBEMARLE                                  | 21  | 205             | 226               | 192                                    |
| EDGECOMBE-NASH                             | 53  | 399             | 452               | 314                                    | CAMDEN                                     | 0   | 12              | 12                | 105                                    |
| EDGECOMBE-NASH<br>EDGECOMBE                | 25  | 182             | 207               | 374<br>374                             | CHOWAN                                     | 4   | 15              | 19                | 130                                    |
| NASH                                       | 28  | 217             | 245               | 277                                    | CURRITUCK                                  | 1   | 25              | 26                | 139                                    |
| NASH                                       | 20  | 217             | 245               | 211                                    | DARE                                       | 2   | 72              | 74                | 240                                    |
| HALIFAX                                    | 16  | 124             | 140               | 243                                    | PASQUOTANK                                 | 9   | 65              | 74<br>74          | 210                                    |
|  |   |                 |                   |  | PERQUIMANS                                 | 5   | 16              | 21                | 183                                    |
| NEUSE                                      | 53  | 365             | 418               | 237                                    |  |   |                 |                   |  |
| CARTERET                                   | 10  | 112             | 122               | 203                                    | DUPLIN-SAMPSON                             | 24  | 222             | 246               | 220                                    |
| CRAVEN                                     | 36  | 207             | 243               | 263                                    | DUPLIN                                     | 9   | 77              | 86                | 171                                    |
| JONES                                      | 2   | 21              | 23                | 219                                    | SAMPSON                                    | 15  | 145             | 160               | 259                                    |
| PAMLICO                                    | 5   | 25              | 30                | 230                                    |  | 4.5   | 400             | 4.5               |  |
| LENOIR                                     | 22  | 209             | 231               | 385                                    | UNKNOWN                                    | 15  | 130             | 145               |  |

<sup>\*</sup>EXCLUDES VISITING PATIENTS AND OUTPATIENTS, INCLUDES TRANSFERS-IN \*\*PERSONS SERVED RATE PER 100,000 NC POPULATION

<sup>((2001</sup> POPULATION PROJECTIONS)

/1 INCLUDES 23 OUT OF STATE RESIDENTS
/2 INCLUDES 319 OUT OF STATE RESIDENTS
/3 INCLUDES 342 OUT OF STATE RESIDENTS

### NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS

### Table 2-A. TOTAL PERSONS SERVED FY00-01\*\*

|                                  | TOTAL             | TOTAL            |                  |            |                    |              |
|----------------------------------|-------------------|------------------|------------------|------------|--------------------|--------------|
| Total Persons Served             | PERCENT<br>100.0% | NUMBER<br>17,160 | UMSTEAD<br>4,475 | 3,627      | BROUGHTON<br>4,308 | DIX<br>4,750 |
| *AGE GROUPS                      | 100.070           | 17,100           | 4,470            | 0,027      | 4,000              | 4,100        |
| 00-14                            | 3.6%              | 618              | 194              | 225        | 90                 | 109          |
| 15-17                            | 5.4%              | 919              | 210              | 267        | 183                | 259          |
| 18-24                            | 13.5%             | 2,315            | 560              | 462        | 631                | 662          |
| 25-34                            | 22.0%             | 3,779            | 1,013            | 762        | 925                | 1,079        |
| 35-44                            | 26.6%             | 4,556            | 1,169            | 877        | 1,200              | 1,310        |
| 45-54                            | 16.6%             | 2,842            | 751              | 565        | 753                | 773          |
| 55-64                            | 6.4%              | 1,096            | 286              | 223        | 280                | 307          |
| 65+                              | 6.0%              | 1,035            | 292              | 246        | 246                | 251          |
| SEX                              |                   | ,                |                  |            |                    |              |
| Males                            | 63.5%             | 10,896           | 2,805            | 2,303      | 2,682              | 3,106        |
| Females                          | 36.5%             | 6,264            | 1,670            | 1,324      | 1,626              | 1,644        |
| RACE                             | 001071            |                  | 1,010            | 1,000      | -,                 | .,           |
| White                            | 60.5%             | 10,387           | 2,473            | 1,847      | 3,545              | 2,522        |
| Black                            | 36.1%             | 6,198            | 1,861            | 1,687      | 644                | 2,006        |
| American Indian                  | 0.7%              | 121              | 18               | 15         | 36                 | 52           |
| Asian/Pac. Islander              | 0.3%              | 45               | 15               | 5          | 10                 | 15           |
| Unknown                          | 0.0%              | 5                | 3                | 0          | 1                  | 1            |
| Other                            | 2.4%              | 404              | 105              | 73         | 72                 | 154          |
| ETHNIC ORIGIN                    |                   |                  |                  |            |                    |              |
| Hispanic Mexican/American        | 0.4%              | 62               | 5                | 18         | 4                  | 35           |
| Hispanic Puerto Rican            | 0.0%              | 8                | 0                | 2          | 1                  | 5            |
| Hispanic Cuban                   | 0.0%              | 0                | 0                | 0          | 0                  | 0            |
| Hispanic Other                   | 0.7%              | 125              | 37               | 21         | 42                 | 25           |
| Not Hispanic Origin              | 96.2%             | 16,508           | 4,342            | 3,573      | 4,234              | 4,359        |
| Unknown                          | 2.7%              | 457              | 91               | 13         | 27                 | 326          |
| COMMITMENT                       |                   |                  |                  |            |                    |              |
| Voluntary                        | 7.6%              | 1,309            | 221              | 69         | 730                | 289          |
| Involuntary                      | 75.5%             | 12,962           | 3,023            | 3,359      | 3,481              | 3,099        |
| Emergency                        | 11.3%             | 1,942            | 1,230            | 190        | 96                 | 426          |
| Criminal                         | 5.0%              | 860              | 0                | 0          | 0                  | 860          |
| Other                            | 0.5%              | 87               | 1                | 9          | 1                  | 76           |
| DIAGNOSIS                        | 0.40/             | 4 000            | 540              | 070        | 005                | 470          |
| Alcohol Abuse                    | 9.4%<br>9.1%      | 1,608            | 519<br>490       | 278<br>276 | 335<br>238         | 476<br>561   |
| Drug Abuse<br>Mental Retardation | 9.1%<br>0.4%      | 1,565<br>62      | 490<br>32        | 276        | 236                | 26           |
| Schizophrenia                    | 13.7%             | 2,358            | 589              | 696        | 480                | 593          |
| Schizophreniform                 | 0.2%              | 36               | 21               | 5          | 5                  | 5            |
| Schizoaffective                  | 8.6%              | 1,484            | 329              | 368        | 405                | 382          |
| Bipolar                          | 10.7%             | 1,828            | 451              | 387        | 604                | 386          |
| Adjustment                       | 6.7%              | 1,152            | 222              | 245        | 384                | 301          |
| Personality & Other              | 4.2%              | 724              | 383              | 90         | 89                 | 162          |
| Dysthymia                        | 0.7%              | 113              | 16               | 22         | 38                 | 37           |
| Major Depressive                 | 15.0%             | 2,581            | 454              | 540        | 1,000              | 587          |
| Other Psychotic                  | 6.5%              | 1,111            | 215              | 234        | 218                | 444          |
| Primary Degen. Dementia          | 1.0%              | 175              | 42               | 62         | 50                 | 21           |
| Other Org. Mental Disord.        | 2.5%              | 433              | 154              | 94         | 62                 | 123          |
| Conduct                          | 3.0%              | 515              | 193              | 174        | 63                 | 85           |
| Paranoid                         | 0.5%              | 80               | 17               | 14         | 25                 | 24           |
| All Other                        | 7.8%              | 1,335            | 348              | 140        | 310                | 537          |

<sup>\*</sup>Age for persons served was calculated as age at 06/30/01.

<sup>\*\*</sup> Excludes all Visiting Patients and Outpatients

### NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS Table 3. 06-30-01 RESIDENT POPULATION AND ON LEAVES\*\*

|                                   | Total Percent | Total Number | UMSTEAD | CHERRY | BROUGHTON | DIX |
|-----------------------------------|---------------|--------------|---------|--------|-----------|-----|
| TOTAL BOOK POPULATION             | 100%          | 1,710        | 419     | 462    | 431       | 398 |
| AGE GROUPS*                       |               |              |         |        |           |     |
| 00-14                             | 3.5%          | 60           | 23      | 10     | 8         | 19  |
| 15-17                             | 2.3%          | 40           | 13      | 9      | 8         | 10  |
| 18-24                             | 8.7%          | 149          | 30      | 32     | 43        | 44  |
| 25-34                             | 13.7%         | 235          | 57      | 63     | 53        | 62  |
| 35-44                             | 21.8%         | 372          | 83      | 87     | 92        | 110 |
| 45-54                             | 18.5%         | 316          | 83      | 74     | 81        | 78  |
| 55-64                             | 11.6%         | 198          | 43      | 57     | 60        | 38  |
| 65+                               | 19.9%         | 340          | 87      | 130    | 86        | 37  |
| SEX                               |               |              |         |        |           |     |
| Males                             | 60.8%         | 1,040        | 271     | 276    | 239       | 254 |
| Females                           | 39.2%         | 670          | 148     | 186    | 192       | 144 |
| RACE                              |               |              |         |        |           |     |
| White                             | 56.1%         | 959          | 217     | 219    | 326       | 197 |
| Black                             | 41.6%         | 712          | 189     | 235    | 95        | 193 |
| American Indian                   | 0.5%          | 8            | 2       | 1      | 0         | 5   |
| Asian/Pac. Islander               | 0.1%          | 2            | 1       | 0      | 0         | 1   |
| Other                             | 1.7%          | 29           | 10      | 7      | 10        | 2   |
| COMMITMENT                        |               |              |         |        |           |     |
| Voluntary                         | 7.0%          | 119          | 25      | 17     | 50        | 27  |
| Involuntary                       | 83.0%         | 1,419        | 307     | 431    | 369       | 312 |
| Emergency                         | 7.9%          | 135          | 87      | 13     | 11        | 24  |
| Criminal                          | 1.4%          | 24           | 0       | 0      | 0         | 24  |
| Other                             | 0.8%          | 13           | 0       | 1      | 1         | 11  |
| DIAGNOSIS                         |               |              |         |        |           |     |
| Alcohol Abuse                     | 4.0%          | 69           | 13      | 19     | 16        | 21  |
| Drug Abuse                        | 2.2%          | 38           | 7       | 8      | 6         | 17  |
| Mental Retardation                | 0.5%          | 9            | 3       | 0      | 0         | 6   |
| Schizophrenia                     | 26.8%         | 459          | 100     | 150    | 109       | 100 |
| Schizophreniform                  | 0.0%          | 0            | 0       | 0      | 0         | 0   |
| Schizoaffective                   | 15.0%         | 257          | 68      | 82     | 63        | 44  |
| Bipolar                           | 7.8%          | 133          | 38      | 38     | 41        | 16  |
| Adjustment                        | 1.1%          | 19           | 6       | 6      | 7         | 0   |
| Personality & Other               | 3.6%          | 61           | 18      | 12     | 10        | 21  |
| Dysthymia                         | 0.6%          | 10           | 0       | 0      | 0         | 10  |
| Major Depressive                  | 8.8%          | 150          | 22      | 32     | 69        | 27  |
| Other Psychotic                   | 5.4%          | 93           | 19      | 14     | 19        | 41  |
| Primary Degen. Dementia           | 4.3%          | 74           | 17      | 35     | 19        | 3   |
| Other Org. Mental Disord.         | 6.7%          | 115          | 51      | 31     | 17        | 16  |
| Conduct                           | 1.5%          | 26           | 14      | 3      | 3         | 6   |
| Paranoid                          | 0.8%          | 13           | 2       | 5      | 4         | 2   |
| All Other                         | 10.8%         | 184          | 41      | 27     | 48        | 68  |
| Average Daily Resident Population | 103.2%        | 1,764        | 484     | 455    | 436       | 389 |

<sup>\*\*</sup> Excludes all Visiting Patients and Outpatients.

The total hospital resident and on leave population is (1,710). Table 3A presents breakdowns of the population by age, sex, race, commitment, and diagnosis. Residents with schizophrenia comprise over one-quarter of the total population. Twenty percent (20%) of the population is 65 years of age or older, sixty-one (61%) is male. Forty-four percent (44%) is non-white. State population statistics from the 2000 census show 12% are 65 years of age or older, 49% are male, and 28% are non-white.

### NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS Table 4. FIRST AND READMISSIONS\* - FY 2000-01

|                              | TOTAL   | TOTAL  |         |        |           |             |
|------------------------------|---------|--------|---------|--------|-----------|-------------|
|                              | PERCENT | NUMBER | UMSTEAD | CHERRY | BROUGHTON | DIX         |
| TOTAL ADMISSIONS             | 100.0%  | 15,256 | 3,985   | 3,192  | 3,816     | 4,263       |
|                              |         |        |         |        |           |             |
| VETERAN STATUS               |         |        |         |        |           |             |
| Yes                          | 6.2%    | 953    | 182     | 168    | 294       | 309         |
| No                           | 93.8%   | 14,303 | 3,803   | 3,024  | 3,522     | 3,954       |
|                              |         |        |         |        |           |             |
| TYPE COMMITMENT              |         |        |         |        |           |             |
| Voluntary                    | 7.6%    | 1,162  | 192     | 55     | 661       | 254         |
| Involuntary                  | 74.7%   | 11,403 | 2,676   | 2,952  | 3,071     | 2,704       |
| Emergency                    | 11.7%   | 1,779  | 1,117   | 181    | 84        | 397         |
| Criminal                     | 5.5%    | 842    | 0       | 0      | 0         | 842         |
| Others                       | 0.5%    | 70     | 0       | 4      | 0         | 66          |
|                              |         |        |         |        |           |             |
| ADMISSION SOURCE             |         |        |         |        |           |             |
| CMHC                         | 84.2%   | 12,839 | 3,853   | 3,098  | 3,449     | 2,439       |
| Self                         | 1.7%    | 254    | 52      | 19     | 16        | 167         |
| Private Physician/Psychol.   | 0.1%    | 9      | 0       | 1      | 4         | 4           |
| Law Enforcement              | 6.3%    | 961    | 4       | 21     | 21        | 915         |
| Gen. Hosp. (Psych/Non Psych) | 5.7%    | 868    | 12      | 5      | 287       | 564         |
| Other Ind. Family,Friends    | 0.1%    | 8      | 3       | 0      | 1         | 4           |
| VA Hospital                  | 0.0%    | 1      | 1       | 0      | 0         | 0           |
| Emergency Room               | 0.0%    | 0      | 0       | 0      | 0         | 0           |
| All Others                   | 2.1%    | 316    | 60      | 48     | 38        | 170         |
|                              |         |        |         |        |           |             |
| RACE                         |         |        |         |        |           |             |
| White                        | 60.9%   | 9,297  | 2,213   | 1,661  | 3,174     | 2,249       |
| Black                        | 35.6%   | 5,428  | 1,641   | 1,442  | 538       | 1,807       |
| American Indian              | 0.7%    | 111    | 16      | 15     | 34        | 46          |
| Asian/Pac. Islander.         | 0.3%    | 40     | 15      | 4      | 7         | 14          |
| All Others                   | 2.5%    | 380    | 100     | 70     | 63        | 147         |
| SEV                          |         |        |         |        |           |             |
| SEX                          | 62.00/  | 0.750  | 2.505   | 0.044  | 2 402     | 0.000       |
| Male                         | 63.9%   | 9,752  | 2,505   | 2,041  | 2,403     | 2,803       |
| Female                       | 36.1%   | 5,504  | 1,480   | 1,151  | 1,413     | 1,460       |
| RESIDENTIAL ARRANGEMENT      |         |        |         |        |           |             |
| Private Residence            | 83.3%   | 12,715 | 3,585   | 2,624  | 3,102     | 3,404       |
| Other Independent            | 0.7%    | 106    | 3,365   | 10     | 3, 102    | 3,404<br>16 |
| Homeless                     | 5.6%    | 850    | 169     | 145    | 216       | 320         |
| Correctional Fac.            | 2.9%    | 442    | 28      | 58     | 140       | 216         |
| Institution                  | 0.5%    | 82     | 11      | 7      | 11        | 53          |
| Residential Fac.             | 5.5%    | 834    | 134     | 311    | 192       | 197         |
| Other Dependent              | 1.5%    | 227    | 134     | 37     | 119       | 57          |
| Other Dependent              | 1.570   | 221    | '4      | 31     | 119       | 57          |
|                              |         |        |         |        |           |             |

<sup>\*</sup>EXCLUDES VISITING AND OUTPATIENTS, INCLUDES TRANSFERS-IN

## NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS Table 4. FIRST AND READMISSIONS\* - FY2000-01, Continued

|                            | TOTAL         | TOTAL  |         |            |                 |       |
|----------------------------|---------------|--------|---------|------------|-----------------|-------|
| TOTAL ADMISSIONS           | PERCENT       | NUMBER | UMSTEAD | CHERRY     | BROUGHTON       | DIX   |
| TOTAL ADMISSIONS           | 100.0%        | 15,256 | 3,985   | 3,192      | 3,816           | 4,263 |
| AGE GROUPS                 |               |        |         |            |                 |       |
| 00-14 Years                | 4.6%          | 702    | 210     | 248        | 108             | 136   |
| 15-17 Years                | 5.6%          | 849    | 185     | 260        | 172             | 232   |
| 18-24 Years                | 14.5%         | 2,207  | 528     | 438        | 609             | 632   |
| 25-34 Years                | 23.3%         |        | 966     | 713        | 873             | 996   |
| 35-44 Years                | 23.3%         | 3,548  |         | 713<br>795 | 673<br>1,102    | 1,208 |
|                            |               | 4,170  | 1,065   |            |                 |       |
| 45-54 Years                | 15.4%<br>5.5% | 2,355  | 617     | 471        | 622             | 645   |
| 55-64 Years                |               | 835    | 225     | 168        | 212             | 230   |
| 65+                        | 3.9%          | 590    | 189     | 99         | 118             | 184   |
| DIAGNOSIS                  |               |        |         |            |                 |       |
| Alcohol Abuse              | 10.0%         | 1,529  | 495     | 265        | 314             | 455   |
| Drug Abuse                 | 10.0%         | 1,520  | 471     | 273        | 230             | 546   |
| Mental Retardation         | 0.4%          | 55     | 32      | 2          | 1               | 20    |
| Schizophrenia              | 12.0%         | 1,838  | 469     | 547        | 346             | 476   |
| Schizophreniform           | 0.2%          | 31     | 17      | 5          | 5               | 4     |
| Schizoaffective            | 8.0%          | 1,227  | 247     | 298        | 351             | 331   |
| Bipolar                    | 11.0%         | 1,676  | 408     | 355        | 556             | 357   |
| Adjustment                 | 7.3%          | 1,119  | 220     | 240        | 370             | 289   |
| Personality & Other        | 4.4%          | 668    | 366     | 82         | 77              | 143   |
| Dysthymia                  | 0.7%          | 106    | 15      | 21         | 36              | 34    |
| Major Depressive           | 15.9%         | 2,423  | 431     | 513        | 930             | 549   |
| Other Psychotic            | 6.5%          | 997    | 190     | 218        | 196             | 393   |
| Primary Degen. Dementia    | 0.6%          | 85     | 20      | 26         | 22              | 17    |
| Other Org. Mental Disorder | 2.0%          | 306    | 115     | 57         | 36              | 98    |
| Conduct                    | 3.1%          | 479    | 178     | 167        | 60              | 74    |
| Paranoid                   | 0.5%          | 70     | 176     | 107        | 22              | 21    |
| All Other                  | 7.4%          | 1,127  | 294     | 113        | 264             | 456   |
| All Other                  | 7.470         | 1,127  | 294     | 113        | 20 <del>4</del> | 450   |
| MARITAL STATUS             |               |        |         |            |                 |       |
| Single                     | 15.2%         | 8,520  | 2,316   | 2,019      | 1,709           | 2,476 |
| Married                    | 3.9%          | 2,484  | 589     | 434        | 800             | 661   |
| Separated                  | 2.0%          | 1,142  | 309     | 217        | 336             | 280   |
| Divorced                   | 3.9%          | 2,505  | 600     | 429        | 814             | 662   |
| Widowed                    | 0.8%          | 449    | 115     | 86         | 129             | 119   |
| Unreported                 | 0.4%          | 156    | 56      | 7          | 28              | 65    |
| - Cin oportou              | 0.170         | 100    |         | '          | 20              |       |

<sup>\*</sup>EXCLUDES VISITING AND OUTPATIENTS, INCLUDES TRANSFERS-IN.

# NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS Table 4. FIRST AND READMISSIONS\* - FY2000-2001, Continued

|                               | TOTAL             | TOTAL            |                      |          |                    |              |
|-------------------------------|-------------------|------------------|----------------------|----------|--------------------|--------------|
| TOTAL ADMISSIONS              | PERCENT<br>100.0% | NUMBER<br>15,256 | UMSTEAD<br>3,985     | 3,192    | BROUGHTON<br>3.816 | DIX<br>4,263 |
| TOTAL ADMISSIONS              | 100.0%            | 15,256           | 3,305                | 3, 192   | 3,010              | 4,263        |
| EDUCATION LEVEL               |                   | _                | _                    |          | _                  |              |
| PRESCH-KINDER.                | 0.0%              | 0                | 0                    | 0        | 0                  | 0            |
| KINDERGARTEN                  | 0.1%              | 15               | 10                   | 5        | 0                  | 0            |
| FIRST GRADE                   | 0.2%              | 25               | 14                   | 8        | 2                  | 1            |
| SECOND GRADE                  | 0.3%              | 46               | 19                   | 21       | 1                  | 5            |
| THIRD GRADE                   | 0.4%              | 54<br>77         | 21<br>24             | 23<br>32 | 5<br>3             | 5<br>18      |
| FOURTH GRADE<br>FIFTH GRADE   | 0.5%<br>0.8%      | 77<br>127        | 2 <del>4</del><br>34 | ა∠<br>51 | 25                 | 17           |
| SIXTH GRADE                   | 0.8%<br>1.9%      | 285              | 75                   | 69       | 68                 | 73           |
| SEVENTH GRADE                 | 2.9%              | 435              | 75<br>108            | 118      | 89                 | 73<br>120    |
| EIGHTH GRADE                  | 6.2%              | 943              | 215                  | 237      | 213                | 278          |
| NINTH GRADE                   | 8.5%              | 1,300            | 298                  | 312      | 327                | 363          |
| TENTH GRADE                   | 9.1%              | 1,391            | 315                  | 330      | 406                | 340          |
| ELEVENTH GRADE                | 7.4%              | 1,129            | 295                  | 272      | 254                | 308          |
| TWELTH GRADE                  | 30.0%             | 4,571            | 1.225                | 1,011    | 987                | 1.348        |
| GED                           | 7.1%              | 1,086            | 238                  | 223      | 402                | 223          |
| SOME COLLEGE                  | 0.1%              | 10               | 10                   | 0        | 0                  | 0            |
| TECH. TRADE SCHOOL            | 4.1%              | 622              | 178                  | 111      | 194                | 139          |
| ASSOC. DEGREE                 | 1.8%              | 270              | 45                   | 63       | 63                 | 99           |
| POST BATCH. DEGREE            | 0.5%              | 80               | 29                   | 14       | 21                 | 16           |
| BACCAL. DEGREE                | 3.4%              | 524              | 153                  | 90       | 141                | 140          |
| POST GRAD. DEGREE             | 0.0%              | 0                | 0                    | 0        | 0                  | 0            |
| SPECIAL EDUCATION             | 0.5%              | 83               | 21                   | 12       | 15                 | 35           |
| NONE                          | 0.1%              | 11               | 2                    | 4        | 0                  | 5            |
| UNKNOWN                       | 14.2%             | 2,172            | 656                  | 186      | 600                | 730          |
| ETHNIC ORIGIN                 |                   |                  |                      |          |                    |              |
| HISPANIC MEX./AMER.           | 0.4%              | 58               | 5                    | 17       | 3                  | 33           |
| HISPANIC PUERTO/RIC.          | 0.0%              | 7                | 0                    | 2        | 1                  | 4            |
| HISPANIC CUBAN                | 0.0%              | 0                | 0                    | 0        | 0                  | 0            |
| HISPANIC OTHER                | 0.8%              | 118              | 36                   | 19       | 39                 | 24           |
| NOT OF HISPANIC ORIG.         | 98.8%             | 15,073           | 3,944                | 3,154    | 3,773              | 4,202        |
| LEGAL STATUS                  |                   |                  |                      |          |                    |              |
| NO LEGAL STATUS               | 0.0%              | 6                | 3                    | 0        | 2                  | 1            |
| NO OTH. KNOWN LEGAL           | 84.4%             | 12,874           | 3,865                | 2,878    | 3,015              | 3,116        |
| HOUSE BILL 95                 | 0.3%              | 48               | 0                    | 0        | 0                  | 48           |
| DETAINER,OTHER                | 1.2%              | 183              | 10                   | 51       | 113                | 9            |
| HB95 WITH DETAINER            | 0.6%              | 98               | 32                   | 34       | 32                 | 0            |
| DEPT. CORRECTION              | 0.0%              | 5                | 0                    | _1       | 1                  | 3            |
| PROBATION                     | 1.6%              | 241              | 10                   | 70       | 140                | 21           |
| NOT GUILTY REASON OF INSANITY | 0.0%              | 4                | 0                    | 0        | 1                  | 3            |
| DETAINER                      | 0.2%              | 34               | 17                   | 1        | 10                 | 6            |
| PENDING                       | 11.5%             | 1,754            | 48                   | 155      | 498                | 1,053        |
| DWI                           | 0.1%              | 9                | 0                    | 2        | 4                  | 3            |

<sup>\*</sup>EXCLUDES VISITING AND OUTPATIENTS, INCLUDES TRANSFERS-IN.

#### NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS

Table 7. DISCHARGES - FY2000-2001\*

|                       | TOTAL   | TOTAL  |         |        |           |       |
|-----------------------|---------|--------|---------|--------|-----------|-------|
|                       | PERCENT | NUMBER | UMSTEAD | CHERRY | BROUGHTON | DIX   |
| TOTAL DISCHARGES      | 100.0%  | 15,450 | 4,056   | 3,165  | 3,877     | 4,352 |
|                       |         |        |         |        |           |       |
| TYPE DISCHARGE        | 70.40/  | 40.005 | 0.550   | 0.050  | 0.040     | 0.700 |
| DIRECT DISCHARGE      | 79.1%   | 12,225 | 2,550   | 2,958  | 2,919     | 3,798 |
| INDIRECT DISCHARGE    | 17.1%   | 2,644  | 1,405   | 79     | 804       | 356   |
| TRANSFER-OUTS         | 1.5%    | 226    | 36      | 98     | 44        | 48    |
| DEATHS                | 0.4%    | 65     | 8       | 14     | 34        | 9     |
| OTHERS                | 1.9%    | 290    | 57      | 16     | 76        | 141   |
| REFERRAL FOR SERVICES |         |        |         |        |           |       |
| AREA PROGRAM          | 0.0%    | 0      | 0       | 0      | 0         | 0     |
| CRIMINAL JUSTICE      | 5.2%    | 806    | 0       | 0      | 0         | 806   |
| NO REFERRAL           | 77.6%   | 11,992 | 3,995   | 3,034  | 3,875     | 1,088 |
| COMMUNITY AGENCY      | 0.2%    | 28     | 1       | 0      | 0         | 27    |
| VA HOSPITAL           | 0.1%    | 17     | 1       | 2      | 0         | 14    |
| HOSPITAL FACILITY     | 0.3%    | 50     | 12      | 2      | 1         | 34    |
| PSYCHIATRIC HOSPITAL  | 0.8%    | 118    | 4       | 21     | 0         | 93    |
| MR CENTER             | 0.0%    | 0      | 0       | 0      | 0         | 0     |
| ADATC                 | 0.0%    | 0      | 0       | 0      | 0         | 0     |
| NCSCC                 | 0.0%    | 0      | 0       | 0      | 0         | 0     |
| NURSING FACILITY      | 0.0%    | 0      | 0       | 0      | 0         | 0     |
| PRIVATE PHYSICIAN     | 0.4%    | 59     | 1       | 2      | 0         | 56    |
| ATC                   | 0.0%    | 0      | 0       | 0      | 0         | 0     |
| WHITAKER              | 0.0%    | 0      | 0       | 0      | 0         | 0     |
| ALL OTHERS            | 15.4%   | 2,380  | 42      | 103    | 1         | 2,234 |
| WRIGHT                | 0.0%    | 0      | 0       | 0      | 0         | 0     |

\*NOTE: EXCLUDES VISITING AND OUTPATIENTS, INCLUDES TRANSFERS-IN.

### **DISCHARGES**

Table 7 presents discharge information for the four psychiatric hospitals. The majority of discharges were direct (79%). Seventeen percent (17.1%) were indirect discharges while (1.5%) were transferred out to another facility. Deaths accounted for (0.4%) of discharges.

The single most suggested catagory of referrals for services at discharge were to area programs. Area program referrals account for (77.6%) of all referrals for services at discharge.

#### NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS FY2000-01

#### Table 8. MEAN AND MEDIAN LENGTH OF STAY BY DIAGNOSIS \*

|                          |        | UMSTEAD |        |        | CHERRY  |        | В      | ROUGHTON |        |         | DIX   |        |
|--------------------------|--------|---------|--------|--------|---------|--------|--------|----------|--------|---------|-------|--------|
| DIAGNOSIS                | NUMBER | MEAN    | MEDIAN | NUMBER | MEAN    | MEDIAN | NUMBER | MEAN     | MEDIAN | NUMBER  | MEAN  | MEDIAN |
| DIAGNOSIS                | DISCHS | DAYS    | DAYS   | DISCHS | DAYS    | DAYS   | DISCHS | DAYS     | DAYS   | DISCHS  | DAYS  | DAYS   |
| MENTAL RETARDATION       | 29     | 19      | 14     | 2      | 13      | 13     | 2      | 153      | 153    | 20      | 12    | 10     |
| ATTENTION DEFICIT        | 25     | 65      | 53     | 23     | 25      | 11     | 19     | 39       | 28     | 19      | 23    | 11     |
| CONDUCT                  | 179    | 41      | 20     | 171    | 20      | 10     | 60     | 36       | 22     | 79      | 38    | 16     |
| AUSTIM AND PERVASIVE     | 8      | 20      | 17     | 8      | 44      | 32     | 5      | 120      | 36     | 6       | 106   | 8      |
| SPECIFIC DEVELOPMENT     | 0      | 0       | 0      | 0      | 0       | 0      | 0      | 0        | 0      | 1       | 70    | 70     |
| OTHER CHILDHOOD DISORD.  | 1      | 154     | 154    | 1      | 58      | 58     | 0      | 0        | 0      | 1       | 33    | 33     |
| EATING AND SLEEPING DIS. | 1      | 9       | 9      | 2      | 9       | 9      | 4      | 20       | 22     | 2       | 5     | 5      |
| MEDICATION INDUCED DIS.  | 1      | 11      | 11     | 0      | 0       | 0      | 0      | 0        | 0      | 1       | 2     | 2      |
| PRIM. DEGEN. DEMENTIA    | 25     | 195     | 111    | 27     | 721     | 52     | 31     | 523      | 119    | 18      | 92    | 60     |
| VASCULAR DEMENTIA        | 32     | 318     | 76     | 13     | 417     | 60     | 17     | 640      | 241    | 10      | 135   | 114    |
| SUBSTANCE ABUSE          | 483    | 13      | 9      | 268    | 14      | 7      | 232    | 30       | 10     | 544     | 11    | 5      |
| ALCOHOL ABUSE            | 444    | 15      | 8      | 165    | 9       | 7      | 301    | 13       | 9      | 387     | 10    | 4      |
| ALCOHOL RELATED          | 62     | 21      | 10     | 94     | 17      | 8      | 18     | 144      | 10     | 68      | 18    | 4      |
| OTHER MENTAL DISORDERS   | 103    | 179     | 30     | 63     | 270     | 24     | 45     | 279      | 30     | 107     | 98    | 17     |
| SCHIZOPHRENIC            | 489    | 118     | 20     | 546    | 166     | 14     | 371    | 219      | 28     | 493     | 174   | 12     |
| SCHIZOPHRENIFORM         | 21     | 25      | 21     | 5      | 29      | 20     | 5      | 27       | 25     | 5       | 199   | 8      |
| SCHIZOEFFECTIVE          | 261    | 92      | 22     | 286    | 197     | 16     | 342    | 64       | 25     | 338     | 52    | 13     |
| PARANOID                 | 15     | 26      | 13     | 9      | 86      | 22     | 21     | 66       | 25     | 22      | 36    | 14     |
| OTHER PSYCHOTIC          | 196    | 38      | 13     | 220    | 44      | 11     | 199    | 32       | 19     | 403     | 32    | 11     |
| BIOPOLAR                 | 413    | 38      | 16     | 349    | 44      | 12     | 563    | 29       | 16     | 370     | 36    | 10     |
| MAJOR DEPRESSIVE         | 432    | 24      | 10     | 508    | 26      | 9      | 931    | 25       | 11     | 560     | 21    | 8      |
| DYSTHYMIA                | 16     | 26      | 11     | 22     | 12      | 9      | 37     | 24       | 11     | 37      | 47    | 5      |
| ANXIETY                  | 80     | 46      | 15     | 24     | 10      | 6      | 79     | 35       | 19     | 59      | 15    | 5      |
| SOMATOFORM               | 4      | 8       | 8      | 2      | 12      | 12     | 3      | 6        | 5      | 1       | 522   | 522    |
| DISSOCIATIVE             | 7      | 7       | 8      | 1      | 2       | 2      | 4      | 24       | 24     | 4       | 32    | 5      |
| SEXUAL                   | 1      | 10      | 10     | 0      | 0       | 0      | 0      | 0        | 0      | 5       | 10    | 10     |
| PERSONALITY & OTHER      | 365    | 21      | 9      | 78     | 184     | 11     | 79     | 42       | 15     | 141     | 49    | 9      |
| ADJUSTMENT               | 216    | 10      | 8      | 239    | 7       | 5      | 377    | 11       | 8      | 291     | 12    | 5      |
| OTHER NONPSYCHOTIC       | 25     | 61      | 12     | 19     | 48      | 9      | 24     | 20       | 14     | 139     | 32    | 10     |
| OTHER PROB.NOT MENTAL    | 36     | 12      | 8      | 3      | 27      | 8      | 26     | 18       | 11     | 73      | 9     | 9      |
| NO MENTAL DISORDERS      | 12     | 5       | 3      | 5      | 5       | 5      | 30     | 37       | 1      | 5       | 3     | 1      |
| DIAGNOSIS DEFERRED       | 0      | 0       | 0      | 0      | 0       | 0      | 0      | 0        | 0      | 0       | 0     | 0      |
| BLANK NOT REPORTED       | 0      | 0       | 0      | 0      | 0       | 0      | 0      | 0        | 0      | 0       | 0     | 0      |
| INVALID                  | 0      | 0       | 0      | 0      | 0       | 0      | 0      | 0        | 0      | 0       | 0     | 0      |
| UNKNOWN                  | 74     | 9       | 7      | 12     | 115     | 98     | 52     | 88       | 7      | 143     | 158   | 8      |
| TOTAL DISCHARGES         | 4,056  | 1,636   | 736    | 3,165  | 2,631   | 560    | 3,877  | 2,764    | 944    | 4,352   | 2,092 | 1,024  |
| TOTAL DISCHARGE DAYS     |        | 190,970 |        |        | 257,921 |        |        | 225,898  |        | 213,440 |       |        |

<sup>\*</sup>EXCLUDES ALL OUTPATIENTS AND VISITING PATIENTS

### NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS FY2000-01

### Table 9. DISCHARGES BY REPORTED DAYS IN HOSPITALS\*

| DAYS IN HOSPITAL | PERCENT | TOTAL   | UMSTEAD | CHERRY  | BROUGHTON | DIX     |
|------------------|---------|---------|---------|---------|-----------|---------|
|                  |         | 15,450  | 4,056   | 3,165   | 3,877     | 4,352   |
| 1-7 Days         | 31.6%   | 4,881   | 872     | 1,071   | 975       | 1,963   |
| 8-14 Days        | 30.8%   | 4,753   | 1,582   | 1,030   | 1,032     | 1,109   |
| 15-30 Days       | 18.9%   | 2,920   | 833     | 541     | 1,021     | 525     |
| 31-60 Days       | 8.8%    | 1,365   | 384     | 199     | 459       | 323     |
| 61-90 Days       | 2.9%    | 447     | 107     | 71      | 129       | 140     |
| 91-180 Days      | 3.0%    | 464     | 114     | 85      | 125       | 140     |
| 181-365 Days     | 1.9%    | 294     | 75      | 86      | 55        | 78      |
| 366+ Days        | 2.1%    | 326     | 89      | 82      | 81        | 74      |
| TOTAL DISCHARGES | 100.0%  | 15,450  | 4,056   | 3,165   | 3,877     | 4,352   |
| TOTAL DAYS       |         | 888,229 | 190,970 | 257,921 | 225,898   | 213,440 |

### **LENGTH OF STAY**

Eighty-one percent (12,554) of discharges had a length of stay of 30 days or less. This percentage increases to 96 percent (14,830) for a stay of 180 days or less. Fully 98 percent (15,124) of discharges stayed in the hospital for less than a year and only 2 percent (326) have had a stay of over one year (Table 9). The noticeable difference in length of stay for discharged clients comprising the end of the year resident and on leave population indicates the presence of two distinct subpopulations served by the four state psychiatric hospitals.

### \*EXCLUDES VISITING PATIENTS AND OUTPATIENTS

### NORTH CAROLINA STATE PSYCHIATRIC HOSPITALS

Table 10. TOTAL DISCHARGES - FY00-01\*

|                            | TOTAL        | TOTAL       |           |              |           |           |
|----------------------------|--------------|-------------|-----------|--------------|-----------|-----------|
|                            | PERCENT      | NUMBER      | UMSTEAD   | CHERRY       | BROUGHTON | DIX       |
| TOTAL DISCHARGES           | 100.0%       | 15,450      | 4,056     | 3,165        | 3,877     | 4,352     |
| AGE GROUPS                 |              |             |           |              |           |           |
| 00-14                      | 4.3%         | 672         | 201       | 246          | 103       | 122       |
| 15-17                      | 5.8%         | 889         | 194       | 259          | 176       | 260       |
| 18-24                      | 14.2%        | 2,200       | 540       | 429          | 602       | 629       |
| 25-34                      | 23.1%        | 3,567       | 974       | 694          | 884       | 1,015     |
| 35-44                      | 27.1%        | 4,188       | 1,081     | 792          | 1,109     | 1,206     |
| 45-54                      | 15.7%        | 2,419       | 635       | 478          | 644       | 662       |
| 55-64                      | 5.5%         | 852         | 232       | 160          | 207       | 253       |
| 65+                        | 4.3%         | 663         | 199       | 107          | 152       | 205       |
| RACE                       |              |             |           |              |           |           |
| White                      | 61.0%        | 9,428       | 2,256     | 1,628        | 3,219     | 2,325     |
| Black                      | 35.5%        | 5,486       | 1,672     | 1,452        | 549       | 1,813     |
| American Indian            | 0.7%         | 113         | 16        | 14           | 36        | 47        |
| Asisan/Pac. Islander       | 0.3%         | 43          | 14        | 5            | 10        | 14        |
| Other                      | 2.5%         | 380         | 98        | 66           | 63        | 153       |
| COMMITMENT                 |              |             |           |              |           |           |
| Voluntary                  | 7.7%         | 1,190       | 196       | 52           | 680       | 262       |
| Involuntary                | 74.7%        | 11,543      | 2,716     | 2,928        | 3,112     | 2,787     |
| Emergency                  | 11.7%        | 1,807       | 1,143     | 2,920<br>177 | 85        | 402       |
| Criminal                   | 5.4%         | 836         | 1,143     | 0            | 0         | 836       |
| Others                     | 0.5%         | 74          | 1         | 8            | 0         | 65        |
| DIAGNOSIS                  |              |             |           |              |           |           |
| Alcohol Abuse              | 10.2%        | 1,569       | 506       | 259          | 349       | 455       |
| Drug Abuse                 | 9.9%         | 1,509       | 483       | 268          | 232       | 544       |
| Mental Retardation         | 0.3%         | 53          | 29        | 200          | 2 2       | 20        |
| Schizophrenia              | 12.3%        | 1,899       | 489       | 546          | 371       | 493       |
| Schizophreniform           | 0.2%         | 36          | 21        | 5            | 5         | 5         |
| Schizoaffective            | 7.9%         | 1,227       | 261       | 286          | 342       | 338       |
| Bipolar                    | 11.0%        | 1,695       | 413       | 349          | 563       | 370       |
| Adjustment                 | 7.3%         | 1,123       | 216       | 239          | 377       | 291       |
| Personality & Other        | 4.3%         | 663         | 365       | 78           | 79        | 141       |
| Dysthymia                  | 0.7%         | 112         | 16        | 22           | 37        | 37        |
| Major Depressive           | 15.7%        | 2,431       | 432       | 508          | 931       | 560       |
| Other Psychotic            | 6.6%         | 1,018       | 196       | 220          | 199       | 403       |
| Primary Degen. Dementia    | 0.7%         | 101         | 25        | 27           | 31        | 18        |
| Other Org. Mental Disorder | 2.1%         | 318         | 103       | 63           | 45        | 107       |
| Conduct                    | 3.2%         | 489         | 179       | 171          | 60        | 79        |
| Paranoid<br>All Other      | 0.4%<br>7.3% | 67<br>1,122 | 15<br>307 | 9<br>113     | 21<br>233 | 22<br>469 |
|                            | 1.370        | 1,122       | 307       | 113          | 233       | 409       |
| SEX                        | 00.007       | 0.0         |           |              |           |           |
| Male                       | 63.8%        | 9,856       | 2,534     | 2,027        | 2,443     | 2,852     |
| Female                     | 36.2%        | 5,594       | 1,522     | 1,138        | 1,434     | 1,500     |

\*NOTE: Excludes all Visiting Patients and Outpatients.